

## Part II: How to Cultivate an Inclusion Mindset

Featuring Guest Speaker: Kisha Dixon, The Training Associates

## Virtual Seminar Agenda November 17, 2020 | 9-11:30 a.m.

- Welcome and Introductions—10-15 min
- "Your Circle" activity with breakout and debrief to as a foundational self-awareness exercise —30-40 min
- "Got Bias?" Discussion on how unconscious bias based on race can evolve into prejudice, discrimination and racism—20 min
- "Let's Talk about Race" A fluid and candid discussion about the impact of race in our past and current society—30 min
- "Language of Inclusion" Shift your mindset to communicate productively about race and culture—10-15 min
- "7 Simple Things" Action items to promote inclusion in every-day life—10 min
- Closing message by sponsor—5 min
- 15-20 minute built in buffer to allow for ongoing, fluid dialogue and questioning throughout the duration of this seminar